

# 2019 Impact Report

# Together we are changing futures



# All in for Youth: Supporting Students and Families in our Community

Graduation from high school is a critical milestone toward future success. For many local students, the goal of graduation is out of reach because of personal or family-related challenges. Furthermore, parents who don't complete high school are most likely to have children who follow this pattern, perpetuating a cycle of poverty. We can change that!

**All in for Youth** addresses the complexity of needs children and families face when living in low income and in communities experiencing poverty.

## All in for Youth services offered to families:

- Mentoring
- Nutrition
- Success coaches

What we did

- Mental health therapy
- Family support

What we achieved

 Programs after school and during school breaks

### All in for Youth is offered at five inner-city schools:

- St. Alphonsus Elementary/ Junior High School
- John A. McDougall Elementary School
  Delton Elementary School

#### Iton Elementary School

What we know

### Barriers to School Engagement Include:

#### Poor attendance



Children who were involved with mentoring are 53% less likely to skip school.

Last year, 238 elementary students had mentors.

Eastglen High School

Spruce Avenue Junior High School

67% of parents say their child's attendance has improved since having a mentor.

#### Food instability

40% of Edmonton's Food Bank clients are children under the age of 18. Lack of essential nutrients has been linked to decreased cognitive functioning.

Over 900 students were served breakfast, lunch and/ or snack.

75% of families feel their child's ability to learn has improved.

#### Emotional and mental wellbeing



An estimated 10-20% of youth in Canada are affected by mental illness. 600 students and family members accessed long-term and 1,566 students and family members accessed short-term mental health therapy services.

67% of families state they would not be doing as well without All in for Youth supports.

"It's not only helping the child, it's helping their family, which then helps the community. And that, in itself is amazing." - *Parent* 



#### Sarah was in Grade 11 when her mom was diagnosed with a terminal illness.

They were already experiencing a number of challenges including unemployment and food insecurity, which created stress in the home when the diagnosis was provided. Sarah and her mom were able to turn to the All in for Youth team at her school which helped Sarah manage her worries, supported her mom with medical appointments and ensured they stayed together through this challenging time. When Sarah's mother passed away a few months later, the All-in team worked to help Sarah apply for financial support, secure a home, and supported her during this emotional experience. The team worked closely with her to keep her engaged with schooling, develop goals for her future and walked alongside her as she applied for her first summer job, and later, for post-secondary education.

Sarah has just finished her first year of post secondary and continues to keep in touch with the All-in team from her high school.

### Additional Highlights:

At the end of the second year, many students and families are benefitting from the All in for Youth supports available at their schools.



824 students had the support of success coaches to improve their wellbeing and develop goals.



711 students received help with homework and developed social leadership skills during after-school programs.



71 families received help to stabilize their home and improve relationships with the support of parental support workers.





1,271 students accessed one or more All in for Youth services. THAT'S ENOUGH TO FILL 25 SCHOOL BUSES TO CAPACITY. **"With my family,** we're really low-income so we have issues and, with this family program in this school, it's really helped my family be able to stay in our house and be able to keep ourselves on our feet," - Student

#### "The positive influences

that the All in for Youth team have influenced throughout the school is overwhelmingly positive for this school. And things like graduation, our graduation class is a third larger than last year's, and I'm 99% sure that's due to the All in for Youth team and supports around the school because the school has definitely stepped up their game for that." - Student

#### "There are a lot of special social needs in this school.

The whole program creates a sort of safety net for the kids... we're responsible for curriculum in the classroom, but outside of that we're not specialists, first of all. And, second of all, those needs have to be met before children can actually learn appropriately. If there's things that are going on in their minds that are negative and not helping them to learn then [those things] have to be addressed first. So that safety net, people in place, that are responsible for the safety net, helps the kids. And that's beneficial to the teacher because then they can teach more, and learning is acknowledged." – School Staff



# Students and families are being impacted by All in for Youth in many ways

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Students and families are more engaged with schools



Families are supported in gaining stability



Family relationships are supported



More students are staying in school



Students are developing healthier peer relationships



Families are recognizing positive changes in their lives that are attributed to the All in for Youth supports







All in for Youth is a collaboration of dedicated partners in our community including:



This initiative is only possible with the support of generous community partners and funders like you. Thank you for contributing and supporting the complex needs of at-risk youth and their families in our community. You are helping to change lives.

To learn more about All in for Youth, visit **myunitedway.ca/allinforyouth** 

